# Weekly April 24-30, 2024



# Save \$1.50 ea

\$2.99

Organic Bunched Spinach

Dharma Ridge Farm



#### Save \$1 ea

\$2.49

**Organic Bunched Carrots** 

Grown In USA



#### Save \$2.50 lb

\$2.49

**Organic Green Beans** 

Grown In Mexico





#### Save \$1 lb

Organic Crimini Mushrooms

Grown In USA



#### Save \$3 lb

Pork Back Ribs

Carlton Farms



#### Save \$1 lb

**58.99** lb

Tabbouleh

Made Fresh In Our Kitchen

# LOCAL FEATURE!

Save \$2 ea

\$31.99<sub>16 oz</sub>

Ghee

#### **Good Juju**

Our magical ghee is made in small batches with organic, cultured butter from cows raised on pasture. Ghee is an ancient food that is known in Ayurveda for its nourishing qualities and rich taste. The origins and benefits of ghee in Ayurvedic medicine date back more than 5000 years! It is known to stoke your digestion and aid in getting the nourishment deep into your tissues. A true food as medicine! On top of the numerous benefits of ghee, Good Juju Ghee is made on the waxing or full moon, infusing the ghee with extra good juju.











**BUY ONE, GET ONE FREE! DEALS ON MANY WELLNESS PRODUCTS APRIL 17-30. WHILE SUPPLIES LAST** 







### Save \$1.50 lb

\$1.99

**Chicken Drumsticks** 

Ranger



#### Save \$2.20 ea

\$4.79 7.05 oz

Vegan Cream Cheese

Violife



#### Save \$3 ea

\$20.99<sub>750 ml</sub>

Arsheen Pinot Gris, **Demeter Certified** 

Maysara





# **Save \$3.50 lb**

\$13.99<sub>10</sub>

Frontier Chili Powder Blend

From Our Bulk Department





#### Save \$.49 ea

Organic Lacinato Kale

Grown In California



#### Save \$1,20 ea

Sweet Treat Cups, 4 Flavors

Hail Merry



#### Save \$1 lb

Ewephoria Gouda

Cheeseland





#### Save \$1.49 ea

Organic Ataulfo Mangos

Grown In Mexico





#### Save \$1 ea

Summer Sausage, Original Or Jalapeno

Organic Prairie



Save \$1.50 ea

Cotton/Bamboo Swabs

The Humble Company





#### Save \$2 lb

S9.99և

Organic Kumquats

Grown In California



#### Save \$4 ea

Ultra Concentrated Laundry Liquid Free & Clear

Seventh Generation



#### Save \$2.50 ea

Northwest Pollen Honey Tonic

Mickelberry





#### Save \$1 lb

**Organic Opal Apples** 

Grown In Washington





#### Save \$1.50 ea

Cranberry Chocolate Coconut Chews

Absolutely Gluten Free



#### Save \$4 ea

Half Gallon Reusable Bag

Stasher